



Oak
Ridges
Trail
Association

TRAIL TALK

Oak Ridges Trail Association Quarterly

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Summer 2014

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photo credits: Fatemeh Amini (turtle), Bill Patterson (biker; runner), Flora Chang (salamander); Frank Alexander (hikers by pond; Wilma; Malcolm with tree)

PRESIDENT'S CHAT

BY WILMA MILLAGE

I think all of us are looking forward to summer after such a prolonged winter season. I know many of you, myself included, enjoyed the great winter hiking, cross-country skiing, and snowshoeing conditions but I think it is with great anticipation we are all looking forward to some nice, warm weather. I can hardly wait for a spring hike where we can enjoy the beautiful spring flowers we so enjoy along our trails.

Spring is a time for renewal and ORTA is doing some of that too. In our pages you will see the introduction of 3 new Board members: Vicky Chan – taking over Publicity and Fundraising; Lissa Dwyer – taking on Volunteer coordination; and Kevin Lowe who will be heading up our website update and other membership communication projects this year. Along with them another key position has a new person in the role, that of Trail Talk Editor. Katrina Bin is now our editor and this is her first edition of Trail Talk. Please welcome all of these folks when you see them and say thank you for the work they will be doing during the coming year.



photo credit: Garry Niece

We had a great AGM, held for the first time at our new office location in All Saints Anglican Church, King City. Thanks to all those volunteers who helped organize it and make us feel so welcome. Peter led a great hike through Seneca College and then brought his hikers back to join the rest of the crowd for eats, drinks and a special presentation by Nature Conservancy of Canada's Central Ontario Program Director Mark Stabb. Mark is a member of ORTA and is currently working on two major land conservation projects on the Moraine. The Happy Valley Forest, where our members have enjoyed many hikes and the Rice Lake Plains located in Northumberland County are his main areas of activity for the coming year. Brian and I were fortunate enough to have visited the opening of the Hazel Bird property opening awhile ago near Rice Lake and we will be working with the NCC to establish a new trail there this spring. Mark also told us about the upcoming Rice Lake Plains Tall Grass Festival which will be held on September 20th. We'll keep you posted with more info on this event as it becomes available. There is an interpretive centre on location and I am sure there will be lots of activities that will interest our members at the event.

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Well, that's all for now, Brian and I are off for some vacation time and I hope when we return those spring flowers I was anticipating are all along our trails.... Maybe even a few orchids on the Secord Orchid Trail.... We can always hope!

P.S. Fast breaking news!! On April 24th ORTA met another major milestone with the launch of Pay Pal on our Adventure Relay site. It was an immediate success with over half of the entries to date using our new service!!!! Kudos to our technology team who are already at work on more improvements.



photo credit: Garry Niece

Award Recipients (from left to right): Diane & Bob Hughes, Rhys Beak, Judy & Bob Comfort

ANNUAL 2014 AWARDS

Lifetime Achievement Award

Bob and Diane Hughes

Commendation Awards

Rhys Beak

for serving as Chapter Chair, Richmond Hill

Kathy and Brian Clark

for leading hikes

Bob and Judy Comfort

for their support to many ORTA activities

Malcolm Hahn

for his successful work as Hike Coordinator

Brian Millage

for chairing the Adventure Relay

Trail Builder Awards

Len May

Bill McCullough

Comfortable Hiking Holidays (416) 445-2628

info@letshike.com www.letshike.com

OPEN HOUSE

You're invited!

See photos, hear commentary, learn about new and exciting adventures, and maybe even win a door prize!

Sunday, September 7 at 3:30 pm

Crescent School Auditorium

2365 Bayview Ave, Toronto

(1 light north of Lawrence Ave. E on the east side of Bayview)

Corfu • Patagonia • Kenya • Amalfi • Ireland • Iceland
Peru • Israel • Turkey • Cuba • Camino de Santiago

ISRAEL

March 9 to 22, 2015

Fascinating and complex, Israel offers immense diversity. Hike the lush vineyards of the Golan Heights & the deep canyons of the Judean Desert, plus the famed Jesus Trail from Nazareth to the Sea of Galilee. We shall visit Jerusalem, the Dead Sea, Masada, Bethlehem and Tel Aviv, and although this holiday is not religious by design, we cannot help but be immersed in the dominant role it has played for centuries.

PATAGONIA

March 16 to 29, 2015

Explore both Chilean and Argentinian Patagonia – each with its own culture, climate and allure. In Chile, visit penguins on Isla Magdalena, then journey far south into the heart of Torres Del Paine NP for magnificent views of the central lakes and the Paine's Horns, a stunning hike on the shores of Grey Lake to witness the icebergs floating in the water, and the famed hike up to "The Towers". In Argentina, travel to El Chalten and El Calafate for hikes in Los Glaciares National Park, designated as a UNESCO World Heritage site. Hike over to view Mt. Fitz Roy and even walk on the sheer wall of ice that is the renowned Perito Moreno Glacier. This adventure concludes in the cosmopolitan city of Buenos Aires.

AMALFI COAST

April 13 to 25, 2015

Italy never fails to capture the hearts (and stomachs) of its visitors, and the Amalfi Coast lives up to that reputation - towns perched impossibly on mountainsides, one of the most famous stretches of coastline in the world, sapphire-blue water in every direction, an infamous volcano and some of the finest Limoncello anywhere. Come hike in Sorrento, Positano, Amalfi and on the posh island of Capri.

CORFU, GREECE

May 2015

This Greek island is the perfect combination of European flare and tranquil sea-side living. Hike to the heavens to visit holy monasteries and trek in shade of ancient olive groves. We promise - you will never tire of the deep, deep blue of the sea that surrounds you. Opa!

MEET YOUR NEW BOARD MEMBERS



VICKY CHAN

PUBLICITY AND FUNDRAISING

MBA, IT professional, entrepreneur, mother, daughter – best known to my friends and family as a “die-hard hiker”! I was born and lived in Hong Kong until I moved to Toronto in 1987, then returned to Hong Kong in 1992. I finally chose to come back to Toronto for good in 1999 because space, nature and serenity are where my heart belongs. I completed the Bruce Trail end-to-end in 2000, started hiking the Oak Ridges Moraine in 2001, and then was absent from the trail until I moved closer to the Moraine in 2012. With what seems like “the second time’s a charm” for me, I am now rekindling my relationship with the Moraine in a more intense and committed manner and enjoying sitting on both the “giving” and “receiving” ends of ORTA.

VOLUNTEER CO-ORDINATOR

Over the last few years, I have been gradually increasing my involvement with the work of ORTA. I marvel in Discovery Nights, welcome my neighbours to the ORTA booth at Aurora’s Street Festival, captain Checkpoint #9 for the Adventure Relay (everything’s fine at Checkpoint #9 with apologies to Bryan Adams), promote local hikes in the Aurora area, and clean up trails all year round. Inspired by Discovery Night, I recently hiked 261km of the Camino de Santiago from Roncesvalles to Burgos. Being invited to participate on the Board is an opportunity to invest even more deeply in this group whose purpose makes me so proud. After many years in sales with both IBM and Lenovo, I now work with the Oak Ridges Moraine Land Trust (when not promoting ORTA’s activities). Living in Aurora for almost 30 years, my empty nest allows me the joy of spending time on projects that delight me.



LISSA DWYER



KEVIN LOWE

WEBSITE UPDATES AND MEMBERSHIP COMMUNICATION

I am a recently retired educator having spent the last 7 years teaching part-time in the Faculty of Education at the University of Ontario Institute of Technology. Previous to that I worked in K-12 education as a Teacher, Principal, and Administrative Officer, as well as at the College of Teachers — the regulatory body for the teaching profession in Ontario. I have been involved with the outdoors all my life and have canoe tripped since I was 12. I taught Outdoor Education at one point. I have been a certified hike leader for 5 years and have led numerous ORTA hikes. I look forward to joining the Board and undertaking the work of ORTA. The Moraine and its varied forests and properties are a wonderful place to hike and explore. I am excited about the opportunities to expand membership in our organization and to introduce others to the great pleasure of the outdoors.

MEET YOUR NEW EDITOR



I grew up camping and hiking with my family, so I like to think that the outdoors has always been in my blood. When I was 17, I joined Ontario Rangers and worked in Sioux Lookout, Ontario, spending my summer working in Ojibway Provincial Park. After high school I attended the School of Hospitality and Tourism Management at the University of Guelph where I edited my first publication – the HTM Magazine “The Hornblower”.

After I graduated, I moved to the beautiful town of Ingonish on Cape Breton Island where I was fortunate to spend 6 months working and exploring the many hiking trails. I then moved back to King City to continue my education and recently completed my Certified Management Accountant (CMA) designation. In my spare time, I enjoy camping, volunteering with my two Girl Guide units, and hiking all over Ontario. I am very excited to be involved with the ORTA and editing this newsletter.

OAK RIDGES TRAIL ASSOCIATION BOARD OF DIRECTORS 2014 – 2015

Members of the Executive Committee *

President *	Wilma Millage	pres@oakridgestrail.org	905-853-2407
Past President *	Peter Schaefer	past-pres@oakridgestrail.org	905-476-0413
Vice-President and Trail Director *	Garry Niece	trails@oakridgestrail.org	905-655-8040
Secretary */ Adventure Relay Co-Chair	Patricia Ward	secretary@oakridgestrail.org	416-449-3848
Treasurer *	Kim Aagaard	treasurer@oakridgestrail.org	416-726-2045
Regional Director (East)*/ Adventure Relay Co-Chair	Brian Millage	uxbridge@oakridgestrail.org	905-853-2407
Regional Director (Yonge St. Corridor)*	Stan Butcher	yonge@oakridgestrail.org	905-737-3966
King Chapter	Ed Millar	king@oakridgestrail.org	905-833-5883
Whitchurch-Stouffville Chapter	Frank Alexander	ws@oakridgestrail.org	905-640-9637
Aurora Chapter	vacant	aurora@oakridgestrail.org	
Richmond Hill Chapter	vacant	rh@oakridgestrail.org	
Publicity/Fundraising	Vicky Chan	publicity@oakridgestrail.org	905-508-0622
Volunteers	Lissa Dwyer	volunteer@oakridgestrail.org	905-727-3079
Membership	Kevin Lowe	membership@oakridgestrail.org	905-479-6382

KEY COMMITTEE MEMBERS

Trail Talk	Katrina Bin	editor@oakridgestrail.org	
Hike Co-ordinator	Malcolm Hann	hikes@oakridgestrail.org	905-477-7290
Guidebook	Peter Attfield	guidebook@oakridgestrail.org	905-833-6600
Webmaster	Hannah Sweet	webmaster@oakridgestrail.org	
Northumberland	Tim Lawley	northumberland@oakridgestrail.org	905-377-8134

ADMINISTRATION

Office Manager	Michele Donnelly	info@oakridgestrail.org	905-833-6600 or 1-877-319-0285
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Sheena and her cheery assistant Judy who is always there to serve the hungry Monday Trekkers

TRAIL BITES

BY WILMA MILLAGE

As anyone who has hiked with us in the Palgrave area knows, I am a fan of the lemon cake served at Sheena's Kitchen located in the old mill on Main Street in Schomberg.

Sheena, the cheery 81 year old owner and baker of the famous Lemon Cake, has been at her current location for 19 years as of January 2014! She studied culinary science in Scotland, but did not start her career in the restaurant business until after she had immigrated to Canada in 1966.

Sheena's features traditional home cooking with all meals made on site using fresh ingredients, locally purchased if possible. She has now expanded into frozen baked goodies you can take home to enjoy, as well as catering.

Try her place for a great meal any day of the week from 10 a.m. to 5:30 p.m. You'll be pleasantly surprised by the quality and taste of her wonderful foods — especially the lemon cake!

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SUSQUEHANNOCK LODGE and TRAIL CENTRE

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CANADA DAY June 28-July 4 2014

Celebrate summer and two National Holidays, the deck beckons to relax.

LABOUR DAY Aug. 27-Sept. 1 2014

The last of full summer hiking – warm days and time to relax on the deck. For both periods stay as few or as many days as you choose.

The Lodge is located in Potter County, Pennsylvania, 2.5 hours south of Buffalo. There is no agriculture or industry in the area, just great trails. Daily hikes of 10 to 15 km are led through hardwood forest, many beside mountain streams. Our lodge provides comfortable accommodation & excellent meals for \$60.00 semi-private or \$70.00 private U.S. per day per person. These outings have proven to be popular with the lodge filling up quickly.

For more information, including driving directions, please see www.execulink.com/~gvincent or contact Greg Vincent at 519-579-8210 or vincent.greg@gmail.com

For reservations call Carol Szymanik at 1-814-435-2163

A MEANINGFUL ALTERNATIVE

As part of ORTA's program to Celebrate Life's Milestones or In Memory of friends or family, the following gifts were received

In Memory of

**Joan Burton
Fiona Cowles
Pierrette Osborne**



NEW MEMBERS

ORTA welcomed the following 8 new members during our last quarter.

01 Jan 2014 - 31 Mar 2014

Song Choo
Eva Hristova
Judy Langdon
Jing Hong Lin
Cherilyn Spraakman
Julie Waterhouse
Ze Liang Wen
Bo Quan Zhang



CHAMPIONS

January 1, 2013 to March 31, 2014

Thank you to all donors who have made gifts of \$10 or over to support the ORTA:

Bell Canada
Bird Studies Canada
Mahnoosh Aminian
Ilma Bhunnoo
Margaret Blackie
Jacky Bramma
Margaret Brock
Fred Bull
Russell Burton
Robin W Butler
Noel & Judy Carey
Dianne Charlton
Patricia Chinell
Song Choo
Jack & Gillian Churchill
John Clarry
Susan Clearwater
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Dr. Linda Weber
Jill West
John Weston
Barbara Williams
Andrew Wilton
John Windatt
Peggy Wrightson
Dianne Zieman
John Zima

If you would like to make a donation to one of the ORTA Funds, call 905 833-6600 or visit ORTA's website www.oakridgestrail.org for more information

NATIONAL HIKING TRAIL

BY DAVID FRANCIS

The National Hiking Trail (NHT) across Canada has been around for over 40 years, but most hikers have not heard of it. Have you heard of the Bruce Trail? Well that is a part of the NHT, trail systems that link Canada together through its trails and hikers as one hiking nation. The NHT comes under the jurisdiction of Hike Canada En Marche (HCEM), who has representatives in most provinces, which in Ontario, is represented by Hike Ontario.

No question, the NHT has been overshadowed by the Trans Canada Trail, the multi-use trail that allows motorized use on many parts, whereas the NHT is just for hikers.

The NHT and HCEM both have Facebook pages, so perhaps you could add both of these as friends to your Facebook page. Don't have Facebook, well it is the way young people connect with each other, and if we are to pass on our hiking heritage to the next generation, we have to connect with them on their terms.

Posting hiking notes, photos of your trail and hiking experiences will help to connect all hiking Canadians together while at the same time promote hiking to a younger generation?

So what is the state of the NHT trail? Well, BC, Alberta, Quebec, Nova Scotia and Newfoundland have done a great job of connecting and promoting their trail systems. The largest province, Ontario, not so good! We seem to be so busy maintaining our own trails, and we lead such busy lives, and so on and so on, that, well, the NHT just doesn't seem that important.

Is it worth bothering about our national treasure, our very own hiking trail? It is so easy to say, I have too much going on, I will take pass on this one. I for one am guilty as charged. It is so easy to say, they can look after it.

Fortunately, there are some movers and shakers who do care, and for forty years have kept the trail alive. If they have done so much, could you just befriend the trail on Facebook, and post one item per month. If every hiker did, we could light up the country, so be daring and post a Facebook note a month.

Links:

Hike Canada En Marche Web Site:
<http://nationalhikingtrail.ca/en/>

Facebook: Hike Canada En Marche:
<https://www.facebook.com/hikecanada.enmarch?fref=ts>

Facebook: National Hiking Trail:
<https://www.facebook.com/groups/hikeacrosscanada/>

DISCOVER YOUR WORLD

Join us for the Oak Ridges Trail Association's Discovery Night! Enjoy an evening out to share in interesting worldwide journeys or hear speakers on a wide variety of subjects. Catch up on 'off trail' socializing. ORTA members and the public are invited to come along and bring a friend!

Thursday September 18, 2014

TBA

Speaker has not been confirmed yet. Please check website for updated information

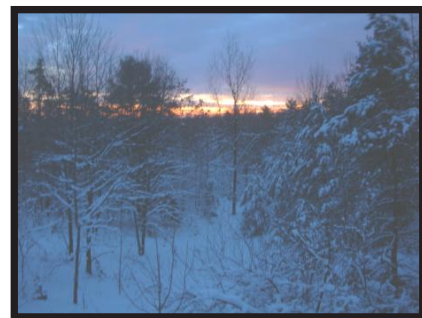
Join the Discovery Night Team

Help us continue to bring fun and informative evenings to ORTA and the community at large. Many hands make light work, as they say. Please lend a hand to secure lively speakers, organize the night's smooth running and keep the Discovery Night tradition active. Do you or someone you know have a great story to share? You could be an upcoming Discovery Night speaker. Let us know!

Where and When:

7-9 p.m. Ballantrae Community Centre, 5592 Aurora Road, Stouffville (just east of Hwy. 48/Markham Rd, on the north side)

\$5 contribution is requested at the door, to offset expenses. Coffee, tea, juice and cookies served. Please lug-a-mug! Questions? Contact Garry Niece, 905-655-8040, gcniece@yahoo.ca



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ORTA SUMMER 2014 HIKE SCHEDULE

PLEASE TAKE NOTE OF HIKES LISTED ON THE ORTA WEBSITE, (www.oakridgestrail.org) OCCASIONALLY THERE ARE ADDITIONAL HIKES OR CORRECTIONS ADDED AFTER PRESS TIME.

- Remember that it is your responsibility to dress appropriately! Hat, gloves, gaiters, umbrella, may be needed. Wear sturdy hiking boots appropriate to changing precipitation and temperature; no cotton socks, use a liner sock plus a hiking sock. Dress in layers as conditions can vary widely within a short time or distance. Waterproof boots, jacket and pants recommended. Hiking poles optional.
- Keep these in the car: plastic bags for muddy boots, spare footwear, spare dry/warm clothes.
- Drinks and snacks recommended for all hikes and lunch may be needed for longer ones.
- It is the hike leader's decision whether to allow dogs on hikes. Hikers should call first if the listing is not specific.
- In case of inclement weather, call the hike leader to confirm the hike.
- Be aware that parking areas are public places; refrain from keeping ANY valuables in your car.

HIKERS SHOULD ARRIVE AT LEAST 15 MINUTES BEFORE THE ADVERTISED HIKE TIME.

JULY

Wed, Jul-2, 9:30AM, Greenwood Conservation Area

16km; Moderate to Fast pace; 4hrs. Varied, hilly terrain. In north Pickering/Ajax area. Meet at CA parking lot. From Westney Rd, W on Greenwood Rd (3.5 km S of Hwy 7; 1 km N of Taunton Rd). Left at T-junction; then right, into CA, past gate (if open) to main parking lot.

Contact: Garry Niece at 905-655-8040, cell phone on day of hike 905-809-5138.

Wed, Jul-2, 9:30AM, Aurora

Moderate pace; 2+hrs. Sheppard Bush. Designated forest trails with small inclines. Join us afterwards for refreshments at Tim Hortons. Meet in Sheppards Bush C.A. Parking Lot. South end of Industry Street off Mary South of Wellington Street

Contact: Gail Dutchak at 905-737-6675, cell phone on day of hike 647-377-1913.

Fri, Jul-4, 9:30AM, Brock Track

ORTA Map 5; 10+km; Fast pace; 2+hrs. Loop hike with some hilly sections Meet at parking area on the east side of Uxbridge Conc 6 0.6 km north of Uxbridge Town Line or 5.5 km south of Durham Road 21.

Contact: Russ Burton at 905-830-2862.

Sat, Jul-5, 7:00AM, Al Shaw Side Trail

ORTA Map 5; 4+km; Moderate pace; 1+hrs. Loop hike with some hilly sections Meet at parking area on west side of Uxbridge Conc 6 1.5 km south of Durham Road 21.

Contact: Russ Burton at 905-830-2862.

Mon, Jul-7, 9:30AM, Jokers Hill and Thornton Bales Conservation Area, King City

ORTA Map 3; Slow to Moderate pace; 2 1/2hrs. Loop trek around the heavily treed undulating hills of Jokers' Hill Scientific Reserve and Thornton Bales Conservation Area - optional climb of the 99 Steps. Bring drinks and snacks. Meet in the Whipper Billy Watson parking lot, Clearmeadow Blvd, east off Bathurst St, 0.4 km north of Mulock Dr, Newmarket.

Contact: Fatema Amini at 905-235-6676, email: taran_amin@yahoo.com.

Wed, Jul-9, 9:30AM, Walker Woods Glen Major

ORTA Map 5; 15+km; Moderate to Fast pace; 4+hrs. Loop hike with some hilly sections Meet at parking area on west side on Uxbridge Conc 7 2 km south of Durham Road 21.

Contact: Russ Burton at 905-830-2862.

Wed, Jul-9, 9:30AM, Harmony Creek, Oshawa

7.5km; moderate pace; 2hrs. North alongside Harmony Creek (paved path) to Beaver Pond, T&B. Meet at Donevan Rec Ctr. parking lot at 171 Harmony Rd. S, north of 401.

Contact: Lynne Bussey at 905-839-8116, cell phone 416-262-5895

Fri, Jul-11, 9:30AM, Hall & Eldred King Side Trails.

ORTA Map 4; 11+km; Fast pace; 2+hrs. Hilly. Meet at parking area 1 km. north of Aurora Rd. on the east side of McCowan Rd. No dogs please.

Contact: Joan Taylor at 905-477-2161.

Sat, Jul-12, 7:00AM, Al Shaw Side Trail

ORTA Map 5; 4+km; Moderate pace; 1+hrs. Join us for breakfast after the hike. No dogs please. Meet at the entrance on the west side of the 6th Conc. 1.5 km south of Durham Rd. 21. No dogs please.

Contact: Joan Taylor at 905-477-2161.

CA = conservation area
T&B = there and back hike
YRF - York Regional Forest

TRCA - Toronto & Region Conservation Authority
BT - Bruce Trail Conservancy
PP - Provincial Park

Select hikes most suitable for your ability:

Slow	3km/h	Fast	5km/h
Moderate	4km/h	Very Fast	6km/h

Sat, Jul-12, 9:00AM, King City

ORTA Map 2; 13km; Slow to Moderate pace; 4hrs. We will hike the Eaton Hall and Mary Lake loop and stop at Pine Farm for refreshments. This is a joint hike with theTBTC Roadside parking on Keele St, 3 km north of King Rd

Contact: Mina or Mahnoosh at 905-770-9954 or 647-968-4533.

Mon, Jul-14, 9:30AM, Jokers Hill, Newmarket - King Township

ORTA Map 3; 6 km; Slow pace; 2.5 hrs. Loop trek around the trails of Jokers Hill Scientific Reserve and Thornton Bales Conservation Area. Steep hills - climb the 99 Steps. Spectacular views. Hiking boots recommended. Dogs welcome. Lunch option after the trek. Please bring water. Meet at the Whipper Billy Watson parking lot, Clearmeadow Blvd., east off Bathurst St., 0.4 km north of Mulock Dr., Newmarket.

Contact: Stan Butcher at 905-737-3966, cell phone on day of hike only 416-434-3471.

Wed, Jul-16, 9:30AM, Long Sault

ORTA Map 7; 17km; Fast pace; 4hrs. Hilly. Meet at Long Sault Ca. Take Durham Rd. 57, 11 km. south of Hwy 7A at Blackstock or 17 km. north of Hwy 401 at Bowmanville to Durham Rd. 20, then east 2.5 km. to Woodly Rd. then north to parking. Parking is 4 dollars. No dogs please.

Contact: Joan Taylor at 905-477-2161.

Fri, Jul-18, 9:30AM, Walker Woods

ORTA Map 5; 10+km; Fast pace; 2+hrs. Hilly. Meet at parking area on the east side of the 6th Conc 2 km south of Durham Rd at Albright Rd. No dogs please.

Contact: Joan Taylor at 905-477-2161.

Sat, Jul-19, 7:00AM, Al Shaw Side Trail

ORTA Map 5; 4+km; Moderate pace; 1+hrs. Join us for breakfast after the hike. Meet at the entrance on the west side of the 6th Conc. 1.5 km south of Durham Rd. 21. No dogs please.

Contact: Joan Taylor at 905-477-2161.

Mon, Jul-21, 9:30AM, Oak Ridges (North Richmond Hill)

ORTA Map 3; 6km; Slow to Moderate pace; 2 hrs. Community trails not shown on ORTA map. Includes a T&B trek on prize-winning boardwalks. Bring drinks and snacks. Dogs on leash welcome. Lunch option after the trek. Meet at west end of the parking lot on the north side of Regatta Ave., west off Yonge St., 3 stop lights north of King Rd.

Contact: Stan Butcher at 905-737-3966, cell phone on day of hike only 416-434-3471.

Wed, Jul-23, 9:30AM, Seaton Hiking Trail

10+km; Fast pace; 2+hrs. Hilly, T&B. Meet in the village of Whitevale at the park on the west side of the river south off Whitevale Rd. No dogs please.

Contact: Joan Taylor at 905-477-2161.

Fri, Jul-25, 10:00AM, Front of Glendon College

9km; Slow pace; 3hrs. Glendon College is a campus of York University with beautiful and labeled trees. We walk inside the college and continue through Glendon Forest, take the connection to Sunnybrook Hospital, and walk along the Don River Valley. Meet at the entrance to Glendon College at the southeast corner of Bayview and Lawrence Ave. E. Metered parking is available, or one can arrive by bus; from Lawrence subway take bus 124 eastbound, from Davisville subway; take bus 11 eastbound; or from Bayview subway; take bus 11 southbound.

Contact: Victoria Arshad at 416-781-7339, cell phone on day of hike 416-835-1730, email: ilfo@yorku.ca.

**Sat, Jul-26, 7:00AM, Al Shaw Side Trail**

ORTA Map 5; 4+km; Moderate pace; 1+hrs. Loop hike with some hilly sections Meet at parking area on west side of Uxbridge Conc 6 1.5 km south of Durham Road 21.

Contact: Russ Burton at 905-830-2862.

Sat, Jul-26, 9:00AM, King City

ORTA Map 2; 13km; Slow to Moderate pace; 4hrs. We will hike the Eaton Hall and Mary Lake loop and stop at Pine Farm for refreshments. This is a joint hike with theTBTC Roadside parking on Keele St, 3 km north of King Rd

Contact: Mina or Mahnoosh at 905-770-9954 or 647-968-4533.

Sat, Jul-26, 9:30AM, Happy Valley North

ORTA Map 2; Slow to Moderate pace; 2 hrs. Come and walk on shady, streamside and forested trails. Some small hills. Wear good walking shoes with a hat and bring water. Well mannered dogs are encouraged to bring their owners. Join us for lunch afterwards at Pathways to Perennials. Meet at the end of the 7th conc. 4km south of Pottageville off the Aurora Rd

Contact: Brian & Wilma Millage at 905-853-2407, cell phone on day of hike 416-722-6512.

CA = conservation area
T&B = there and back hike
YRF - York Regional Forest

TRCA - Toronto & Region Conservation Authority
BT - Bruce Trail Conservancy
PP - Provincial Park

Select hikes most suitable for your ability:

Slow	3km/h	Fast	5km/h
Moderate	4km/h	Very Fast	6km/h

Mon, Jul-28, 9:30AM, Uxbridge, Walker Woods

ORTA Map 5; Slow to Moderate pace; 2 hrs. Come and walk the shaded forest trails of Walker Woods in Uxbridge. Moderate hills. Bring water and a snack to enjoy on the trail. Well mannered dogs are encouraged to bring their owners. Join us for lunch afterwards. Meet at parking lot on 7th Conc. 2km south of Durham Rd 21.

Contact: Brian & Wilma Millage at 905-853-2407, cell phone on day of hike 416-722-6512.

Wed, Jul-30, 9:30AM, Mono Cliffs P.P.

16+km; Fast pace; 4+hrs. Loop walk along sections of Bruce Trail through diverse hilly landscape with many geological features. Meet at the Mono Community Centre parking area 100m S of Mono Centre. Take Airport Road 12.7 km. north of Hwy 9, then west 6 km. on C.R. 8 (Mono Centre Rd) through village of Mono Centre to parking area.

Contact: Bob Comfort at 905-473-2669, cell phone on day of hike 905-960-0543.

Wed, Jul-30, 9:30AM, Uxbridge, Brock/Wilder Forest

ORTA Map 5; Moderate pace; 2 hrs. Explore the scenic trails with moderate hills and open meadows. Well mannered dogs are encouraged to bring their owners. Join us for lunch afterwards. Meet at parking lot on East side of Brock Rd., 1km north of Uxbridge/Pickering Town Line

Contact: Brian & Wilma Millage at 905-853-2407, cell phone on day of hike 416-722-6512.

AUGUST

Fri, Aug-1, 9:30AM, Durham Forest.

ORTA Map 5; 11+km; Fast pace; 2+hrs. Hilly. Meet at the Durham Forest parking area on the east side of the 7th Conc. 1 km south of Durham Rd. 21. No dogs please.

Contact: Joan Taylor at 905-477-2161.

Sat, Aug-2, 7:00AM, Al Shaw Side Trail,

ORTA Map 5; 4+km; Moderate pace; 1+hrs. Join us for breakfast after the hike. Meet at the entrance on the west side of the 6th Conc. 1.5 km south of Durham Rd. 21. No dogs please.

Contact: Joan Taylor at 905-477-2161.

Mon, Aug-4, 9:30AM, Eldred King

ORTA Map 4; Slow to Moderate pace; 2 hrs. Hike the sandy forest trails of Eldred King Woodlands. Moderate hills. Bring water and a snack. Well mannered dogs are encouraged to bring their owners. Join us for lunch afterwards. Meet at parking lot west side of Hwy 48, 2.5km north of Ballantrae

Contact: Brian & Wilma Millage at 905-853-2407, cell phone on day of hike 416-722-6512.

2015 FULLY ESCORTED HIKING TOURS

by Bob Scarfone & Vision Travel Group

NEWFOUNDLAND – August 9 – 21, 2015

We are happy to present our tour of Newfoundland, filled with hiking, sightseeing and some optional kayaking as well. Our first four nights will be on the west coast to explore Gros Morne and up into L'Anse aux Meadows. We then head to Twillingate for the next four nights to visit "our area" of Newfoundland. Here you will visit some local sites that most tourists will never see. Finally, we are off to St. John's (with a stop in Terra Nova Park) for the final nights of our tour. Tentative cost is **\$2995** plus air fare, approximately \$650

ITALY, THE DOLOMITES –

September 11 - 26, 2015

This trip has been going for more than 10 years now and is one of the best value hiking trips anywhere! We will spend two weeks exploring the hiking and cycling trails of the Dolomites, with our home base of Dobbiaco. The tentative cost of this trip is **\$3425** per person, based on double occupancy. Your cost includes air fare from Toronto, transfers in Italy, accommodation with breakfast and dinner daily, local transit pass for two weeks.

INDIVIDUAL VACATIONS - ANYTIME

I can also help plan individual vacations. Whether it's an "active" vacation, river cruise in Europe or elsewhere, vacation packages south, or a coach tour through Europe. I have been in the travel business for over 30 years and can assist with all your travel arrangements.

For more information and booking:

Call Bob at 1-800-475-9494 ext 2507

or email bob.scarfone@visiontravel.ca



Vision 2000 Travel Group Ont reg # 500184986 Cameron Dr. Ancaster, ON

Wed, Aug-6, 9:30AM, Palgrave Forest

ORTA Map 1; 15km; Moderate to Fast pace; 4hrs. Varied terrain. Meet at Palgrave Forest parking lot, W side of Hwy 50, 2.2 km S of Hwy 9 or 0.5 km N of village of Palgrave.

Contact: Garry Niece at 905-655-8040, cell phone on day of hike 905-809-5138.

Wed, Aug-6, 9:30AM, King

Moderate pace; 2+hrs. Forest Trails, Some Hills King. A stop will be made at Pine Orchards for refreshments. Meet on Keele Street, 2.7 km north of King Road

Contact: Gail Dutchak at 905-737-6675, cell phone on day of hike 647-377-1913.

Thu, Aug-7, 10:00AM, Boag Road Trail, East Gwillimbury

8km; Moderate Pace. pace; 2hrs. T&B some wet sections along trail. Meet at Boag Road (road allowance) west side of Leslie St/York 12. 4.1 km north of Queensville Sd Rd. Parking limited.

Contact: Robert Alsop at 905-898-3718, cell phone on day of hike 905-717-3718.

Fri, Aug-8, 9:30AM, Hall Eldred King

ORTA Map 4; 10+km; Fast pace; 2+hrs. Loop hike with some hilly sections Meet at parking area on east side of McCowan Rd. 1 km. north of Aurora Rd.

Contact: Russ Burton at 905-830-2862.

Sat, Aug-9, 7:00AM, Al Shaw Side Trail

ORTA Map 5; 4+km; Moderate pace; 1+hrs. Loop hike with some hilly sections Meet at parking area on west side of Uxbridge Conc 6 1.5 km south of Durham Road 21.

Contact: Russ Burton at 905-830-2862.

Sat, Aug-9, 9:00AM, King City

ORTA Map 2; 13km; Slow to Moderate pace; 4hrs. We will hike the Eaton Hall and Mary Lake loop and stop at Pine Farm for refreshments. This is a joint hike with the TBTC Roadside parking on Keele St, 3 km north of King Rd

Contact: Mina or Mahnoosh at 905-770-9954 or 647-968-4533.

Mon, Aug-11, 9:30AM, East Gwillimbury

7.5 km; Slow pace; 3 hrs. Trek alongside the East Branch of the Holland River to Holland Landing, returning on the opposite bank for much of the way. Visit the lock basins of the never-to-be completed Rogers Canal system. Boots recommended if recent wet weather. Bring drinks and snacks. Dogs on leash welcome. Lunch option after the trek. Meet at the Rogers Reservoir front parking lot on the north side of Green Lane, 1.7 km west of Leslie St. See "P" in the northeast corner of ORTA Map 3.

Contact: Stan Butcher at 905-737-3966, cell phone on day of hike only 416-434-3471.

Wed, Aug-13, 9:30AM, Waterfont Trail, Whitby

7.5km; Moderate pace; 2hrs. We will go west on Whitby portion of water-front trail, past CampX (used in WWII), T& B. Go south from 401 on Thicksn, left (east) onto Wentworth, south on boundary which curves east onto Philip Murray, then turn right into parking lot for Lakefront West Park

Contact: Lynne Bussey at 905-839-8116. cell phone 416-262-5895

Wed, Aug-13, 9:30AM, Clubine/Norton & Al Shaw.

ORTA Map 5; 15+km; Fast pace; 3hrs. T&B. Meet at parking on the east side of the 6th Conc. 2 km south of Durham 21 at Albright Rd. No dogs please.

Contact: Joan Taylor at 905-477-2161.

Fri, Aug-15, 9:30AM, Hall & Eldred King Side Trails.

ORTA Map 4; 11+km; Fast pace; 2+hrs. Hilly. Meet at parking area 1 km. north of Aurora Rd. on the east side of McCowan Rd. No dogs please.

Contact: Joan Taylor at 905-477-2161.

Sat, Aug-16, 7:00AM, Al Shaw Side Trail,

ORTA Map 5; 4+km; Moderate pace; 1+hrs. Join us for breakfast after the hike. Meet at the entrance on the west side of the 6th Conc. 1.5 km south of Durham Rd. 21. No dogs please.

Contact: Joan Taylor at 905-477-2161.

Sat, Aug-16, 10:00AM, Kleinburg

12km; Slow to Moderate pace; 4hrs. Easy walk along the Granger Greenway path to Boyd Park. We will hike 6km South to Boyd Park and have a leisurely lunch by the Humber river then turn back and re-trace our steps. No dogs please. Coffee after. Bindertwine Park, Kleinburg. From Mayor Mackenzie Drive in Woodbridge go north on Islington Avenue 2km to the town of Kleinburg. At Stegman's Mill Road turn right and go down the hill. You will see the entrance to the park on your right hand side.

Contact: Tessa Shelvey at 905-850-1507 (before 9:00PM).

Mon, Aug-18, 9:30AM, Rouge Park

7 km; Slow pace; 2.5 hrs. Hilly forested trails beside the Rouge River. Bring drinks and snacks. Dogs on leash welcome. Meet at Pearse House, 1749 Meadowvale Rd. east side of Meadowvale Rd. at Zoo Rd. - follow signs for the Rouge Valley Conservation Centre. (We may drive on from there to explore a trail to the north.)

Contact: Stan Butcher at 905-737-3966, cell phone on day of hike only 416-434-3471.

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YRF - York Regional Forest

TRCA - Toronto & Region Conservation Authority
BT - Bruce Trail Conservancy
PP - Provincial Park

Select hikes most suitable for your ability:

Slow	3km/h	Fast	5km/h
Moderate	4km/h	Very Fast	6km/h

Wed, Aug-20, 9:30AM, Seaton Hiking Trail

14+km; Moderate to Fast pace; 4+hrs. T&B very hilly. Meet in the village of Whitevale at the park on the west side south off Whitevale Rd.

Contact: Russ Burton at 905-830-2862.

Fri, Aug-22, 9:30AM, York Region Forest Bender & Graves

10+km; Fast pace; 2+hrs. Loop hike with some hilly sections Meet at 17858 McCowan Rd. at parking lot on west side 1.3 km. north of Davis Dr.

Contact: Russ Burton at 905-830-2862.

Sat, Aug-23, 7:00AM, Al Shaw Side Trail

ORTA Map 5; 4+km; Moderate pace; 1+hrs. Loop hike with some hilly sections Meet at parking area on west side of Uxbridge Conc 6 1.5 km south of Durham Road 21.

Contact: Russ Burton at 905-830-2862.

Sat, Aug-23, 9:00AM, King City

ORTA Map 2; 13km; Slow to Moderate pace; 4hrs. We will hike the Eaton Hall and Mary Lake loop and stop at Pine Farm for refreshments. This is a joint hike with theTBTC Roadside parking on Keele St, 3 km north of King Rd

Contact: Mina or Mahnoosh at 905-770-9954 or 647-968-4533.

Mon, Aug-25, 9:30AM, Palgrave Forest

ORTA Map 1; Slow to Moderate pace; 2 hrs. Walk the scenic, streamside and forested trails of the Palgrave Forest Tract. Moderate hills. Bring water and a snack. Well mannered dogs are encouraged to bring their owners. Join us for lemoncake afterwards at Sheena's. Meet at parking lot east side of hwy 50, 2km south of hwy 9

Contact: Brian & Wilma Millage at 905-853-2407, cell phone on day of hike 416-722-6512.

Wed, Aug-27, 9:30AM, Brock/ Wilder/ Walker/ Glen Major

ORTA Map 5; 16+km; Fast pace; 4+hrs. "4 Tract" Loop taking in 4 TRCA Conservation areas. Hilly. Meet at parking area on E side of Uxbridge Conc. 6 0.6 km N of Uxbridge Town Line or 5.5 km. S of Durham 21.

Contact: Bob Comfort at 905-473-2669, cell phone on day of hike 905-960-0543.

Wed, Aug-27, 9:30AM, Uxbridge, Glasgow/goodwood

ORTA Map 5; Moderate pace; 2 hrs. Walk the scenic streamside and forest trails of this lovely area. Moderate hills. Bring water and a snack. Well mannered dogs are encouraged to bring their owners. Join us for lunch afterwards. Meet at parking lot east side of Conc 2, 200M south of Webb Rd.

Contact: Brian & Wilma Millage at 905-853-2407, cell phone on day of hike 416-722-6512.

Fri, Aug-29, 10:00AM, Front of Glendon College

9km; Slow pace; 3hrs. Glendon College is a campus of York

University with beautiful and labeled trees. We walk inside the college and continue through Glendon Forest, take the connection to Sunnybrook Hospital, and walk along the Don River Valley. Meet at the entrance to Glendon College at the southeast corner of Bayview and Lawrence Ave. E. Metered parking is available, or one can arrive by bus; from Lawrence subway take bus 124 eastbound, from Davisville subway; take bus 11 eastbound; or from Bayview subway; take bus 11 southbound.

Contact: Victoria Arshad at 416-781-7339, cell phone on day of hike 416-835-1730, email: ilfo@yorku.ca.

Sat, Aug-30, 7:00AM, Al Shaw Side Trail

ORTA Map 5; 4+km; Moderate pace; 1+hrs. Join us for breakfast after the hike. Meet at the entrance on the west side of the 6th Conc. 1.5 km south of Durham Rd. 21. No dogs please.

Contact: Joan Taylor at 905-477-2161.

SEPTEMBER

Mon, Sep-1, 9:30AM, Uxbridge, Durham Forest

ORTA Map 5; Slow to Moderate pace; 2 hrs. Celebrate Labour Day with a walk on the hilly trails of Durham Forest. Bring water and a snack. Well mannered dogs are encouraged to bring their owners. Meet in parking lot east side of 7th Conc. 1km south of Durham Rd 21

Contact: Brian & Wilma Millage at 905-853-2407, cell phone on day of hike 416-722-6512.

Wed, Sep-3, 9:30AM, Highland Creek

17km; Moderate to Fast pace; 4.5hrs. A pleasant walk in Scarborough's treed valleys and parks, residential streets of Guildwood and along shoreline of Lake Ontario. Meet at parking lot of Morningside Park in Scarborough. From Hwy 401, S on Morningside Ave, 0.5 km S of Ellesmere Rd, on W side.

Contact: Garry Niece at 905-655-8040, cell phone on day of hike 905-809-5138.

Wed, Sep-3, 9:30AM, Hall Tract, York Region Forest

ORTA Map 4; Moderate pace; 2 hrs. Join us on the forest and meadow trails of the Hall Tract. Moderate hills. Bring water and a snack. Well mannered dogs are encouraged to bring their owners. Meet at parking lot on east side of McCowan Rd., 1km north of Aurora Rd.

Contact: Brian & Wilma Millage at 905-853-2407, cell phone on day of hike 416-722-6512.

Fri, Sep-5, 9:30AM, Brock Track

ORTA Map 5; 10+km; Fast pace; 2+hrs. Loop hike with some hilly sections Meet at parking area on the east side of Uxbridge Conc 6 0.6 km north of Uxbridge Town Line or 5.5 km south of Durham Road 21.

Contact: Russ Burton at 905-830-2862.

Sat, Sep-6, 7:00AM, Al Shaw Side Trail

ORTA Map 5; 4+km; Moderate pace; 1+hrs. Loop hike with some hilly sections Meet at parking area on west side of Uxbridge Conc 6 1.5 km south of Durham Road 21.

Contact: Russ Burton at 905-830-2862.

Sat, Sep-6, 10:00AM, Hockley Valley, Bruce Trail

11km; Slow to Moderate pace; 4hrs. Pretty loop hike in the Hockley Valley. The terrain is hilly and mostly through pleasant wooded areas with some spectacular lookout points. This is a joint hike with the Caledon Hills hiking club. Hiking boots recommended. No dogs please. Meet at Hockley Rd at parking lot (north side of Hockley Rd, 250 m east of Main Trail access). Take Hwy 10 north from Orangeville, turn right on Hockley Rd (Reg Rd 7) 5 km to parking area, or go north on Airport Rd, cross Hwy 9 and proceed to Hockley Rd (Reg Rd 7). Turn left for 6 km to parking area.

Contact: Tessa Shelvey at 905-850-1507 (before 9:00PM).

Sun, Sep-7, 10:00AM, Seaton Hiking Trail

10km; Moderate pace; T&B, some hills, forested, new members welcome. Bring snacks and water. Bring proper hike gear. Meet in the park on the west side of West Duffins Creek, south side of Whitevale Rd in the village of Whitevale.

Contact: Josie Klostranec at 416-296-1408 (before 10:00PM).

Mon, Sep-8, 10:00AM, Front of Glendon College

9km; Slow pace; 3hrs. Glendon College is a campus of York University with beautiful and labeled trees. We walk inside the college and continue through Glendon Forest, take the connection to Sunnybrook Hospital, and walk along the Don River Valley. Meet at the entrance to Glendon College at the southeast corner of Bayview and Lawrence Ave. E. Metered parking is available, or one can arrive by bus; from Lawrence subway take bus 124 eastbound, from Davisville subway; take bus 11 eastbound; or from Bayview subway; take bus 11 southbound.

Contact: Victoria Arshad at 416-781-7339, cell phone on day of hike 416-835-1730, email: ilfo@yorku.ca.

Mon, Sep-8, 1:30PM, George Richardson Park, East Holland River, Newmarket

ORTA Map 3; 6km; Slow to Moderate pace; 2hrs. Loop hike, T & B. Mable Davis C.A. to Green Lane along East Holland River. Meet at George Richardson Park, Bayview Pkwy

N, N of Davis Dr, Soccer field parking lot east of Madison's Greenhouse, 44.067960, -79.456864

Contact: Robert Alsop at 905-898-3718, cell phone on day of hike 905-717-3718.

Wed, Sep-10, 9:30AM, Waterfront Trail, Pickering

7.5km; Moderate pace; 2hrs. We will walk south from parking lot, through Petticoat Creek Conservation area, and then east along lakeside (rough) path to west shore of Frenchman's Bay. T&B Meet at parking lot at south end of Whites Rd, 4-5 blocks south of Hwys 401 and 2

Contact: Lynne Bussey at 905-839-8116. cell phone 416-262-5895

**Wed, Sep-10, 9:30AM, Humber Valley Heritage Trail (south section)**

16km; Fast pace; 4+hrs. Hilly, T&B. Meet at the bridge on Castlederg Sdrd. West of Duffys Lane. Take Reg. Rd. 50 (formerly Hwy 50) 4.5 km. North of King Rd. in Bolton or 10 km. South of Hwy 9, then west 2 km. No dogs please.

Contact: Joan Taylor at 905-477-2161.

Fri, Sep-12, 9:30AM, YRF North Tract.

10+km; Fast pace; 2+hrs. Meet at parking area on the west side of Hwy

48, ½ km. north of Vivian Rd. or 1.3 km south of Davis Dr. No dogs please.

Contact: Joan Taylor at 905-477-2161.

Sat, Sep-13, 7:00AM, Al Shaw Side Trail

ORTA Map 5; 4+km; Moderate pace; 1+hrs. Join us for breakfast after the hike. Meet at the entrance on the west side of the 6th Conc. 1.5 km south of Durham Rd. 21. No dogs please.

Contact: Joan Taylor at 905-477-2161.

Sat, Sep-13, 9:00AM, King City

ORTA Map 2; 13km; Slow to Moderate pace; 4hrs. We will hike the Eaton Hall and Mary Lake loop and stop at Pine Farm for refreshments. This is a joint hike with the TBTC Roadside parking on Keele St, 3 km north of King Rd

Contact: Mina or Mahnoosh at 905-770-9954 or 647-968-4533.

CA = conservation area
T&B = there and back hike
YRF - York Regional Forest

TRCA - Toronto & Region Conservation Authority
BT - Bruce Trail Conservancy
PP - Provincial Park

Select hikes most suitable for your ability:

Slow	3km/h	Fast	5km/h
Moderate	4km/h	Very Fast	6km/h

Mon, Sep-15, 9:30AM, Uxbridge, Secord/Goodwood

ORTA Map 5; Slow to Moderate pace; 2 hrs. Join us on the beautiful trails of Secord Forest and Goodwood Tract. Meadows, ponds and streams to enjoy. Bring water and a snack. Well mannered dogs are encouraged to bring their owners. Meet at the parking lot at east end of Secord Rd, 2km south of Durham Rd 21 off the 3rd Conc

Contact: Brian & Wilma Millage at 905-853-2407, cell phone on day of hike 416-722-6512.

Wed, Sep-17, 9:30AM, ORT Clarington East Including Bluebird Trail

19km; Moderate to Fast pace; 5hrs. T&B mainly forested with some road. Meet at roadside parking area, Darlington-Clark Town line and Darlington conc. 8.

Contact: Russ Burton at 905-830-2862.

Wed, Sep-17, 9:30AM, Palgrave Forest

ORTA Map 1; Moderate pace; 2 - 2 1/2 hourshrs. Hike on beautiful winding forest trails over gently rolling hills. Bring water and a snack for the trail. Meet in parking lot east side of Hwy 50, 2.7 km south of Hwy 9, or just past Millpond north of Palgrave.

Contact: Bob & Diane Hughes at 905-833-5908. Cell phone on day of hike 416-305-6387

Thu, Sep-18, 7:00PM, Discovery Night in Ballentrae.

For details please check the main Discovery Night box in the summer issue of Trail Talk, or on the Website.

Fri, Sep-19, 9:30AM, Happy Valley

ORTA Map 2; 10km; Fast pace; 2+hrs. T&B some hills Meet at roadside parking, northwest corner of Weston Rd. and 16th. Avenue.

Contact: Russ Burton at 905-830-2862.

Sat, Sep-20, 7:00AM, Al Shaw Side Trail

ORTA Map 5; 4+km; Moderate pace; 1+hrs. Loop hike with some hilly sections Meet at parking area on west side of Uxbridge Conc 6 1.5 km south of Durham Road 21.

Contact: Russ Burton at 905-830-2862.

Sun, Sep-21, 10:00AM, Rouge Park

10km; Moderate pace; T&B, hilly, forested, new members welcome. Bring snacks and water. Bring proper hike gear. Meet at Pearse House, 1749 Meadowvale Rd, east side of Meadowvale Rd at Zoo Rd - follow signs for Rouge Valley Conservation Centre.

Contact: Josie Klostranec at 416-296-1408 (before 10:00PM).

Sun, Sep-21, 2:00PM, Walker Woods

ORTA Map 5; 7km; Slow to Moderate pace; 3hrs. East and west loops of Walker Woods. Families and well-mannered dogs welcome. Bring water and snacks. Meet at the parking lot

on the west side of 7th Concession, 2km south of Goodwood Road (Durham 21).

Contact: Brian & Kathy Clark at 905-841-9757, cell phone on day of hike 416-618-1726.

Wed, Sep-24, 8:30AM, Secord-Goodwood

Moderate pace; 2+hrs. Forest Trails, Scenic Ponds, Meadows. Some inclines. Meet at Secord Parking Lot, 2 km south of Goodwood Rd. (Durham 21) in Goodwood on Concession 3, E on Secord Road.

Contact: Gail Dutchak at 905-737-6675, cell phone on day of hike 647-377-1913.

Wed, Sep-24, 9:30AM, Bruce Trail Hockley Heights

17+km; Fast pace; 4+hrs. T&B hike with side trails. Enjoy the colour. Many steep hills through mixed forest. Meet at the Bruce Trail parking area on the east side of Airport Road. Take Airport Road 1.7 km. north of Hwy 9, then east on 7th Line to parking area.

Contact: Bob Comfort at 905-473-2669, cell phone on day of hike 905-960-0543. Please arrive by 9:15 as we may need to re-locate to another parking lot.

Fri, Sep-26, 9:30AM, Walker Woods

ORTA Map 5; 10+km; Fast pace; 2+hrs. Hilly. Meet at parking area on the east side of the 6th Conc 2 km south of Durham Rd. 21, at Albright Rd. No dogs please.

Contact: Joan Taylor at 905-477-2161.

Sat, Sep-27, 7:00AM, Al Shaw Side Trail

ORTA Map 5; 1+km; Moderate pace; 1+hrs. Join us for breakfast after the hike. Meet at the entrance on the west side of the 6th Conc. 1.5 km south of Durham Rd. 21. No dogs please.

Contact: Joan Taylor at 905-477-2161.

Sat, Sep-27, 9:00AM, King City

ORTA Map 2; 13km; Slow to Moderate pace; 4hrs. We will hike the Eaton Hall and Mary Lake loop and stop at Pine Farm for refreshments. This is a joint hike with theTBTC Roadside parking on Keele St, 3 km north of King Rd

Contact: Mina or Mahnoosh at 905-770-9954 or 647-968-4533.

Sun, Sep-28, 10:00AM, Ganaraska Forest

ORTA Map 8; 8km; Moderate pace; 2hrs. Loop hike to Tower Hill ; one large hill; Dress for the weather. Bring water and snacks. From Hwy.115,exit at Boundary Rd. (first exit north of exit to Hwy. 35) Go east ,approx. 1.5 km. to micro Rd.-roadside parking.

Contact: Grace at 905-263-4340.

We hope to see you there!

THE RACE IS ON!!!!

BY PATRICIA WARD, CO-CHAIR ADVENTURE RELAY COMMITTEE

So make sure your calendar has June 14, 2014 circled! That's the day competitors will be tackling 160km of the Oak Ridges Trail and 100+ ORTA volunteers will be manning 15 checkpoints of our 8th annual Adventure Relay. Starting at Gore's Landing, approximately 30 teams of Elite and Recreational racers will be dipping their paddles in the water to canoe 8km. From there their teammates will run and bike the trail to arrive at our finish line at Seneca College, King.



We invite everyone to come out and cheer the teams on.

Go to <http://www.oakridgestrail.org/ormrelay/course.html> for the course maps to see where your best vantage point may be and the checkpoint locations so you can see how much fun the volunteers are having. Teams are racing from 8:00 a.m. often into the night, arriving at the finish as late as mid-night!!!

Can't make race day, well add your support to ORTA's major fundraiser by sponsoring our own team of ORTA members

– the Sandspinnners captained by Bob Comfort. It's easy and you will be supporting the ongoing maintenance of our trails.

Use Canada Helps at <http://www.oakridgestrail.org/ormrelay/donations.html>. Select Moraine For Life Adventure Relay in the drop down menu and enter Sandspinnners in the message box:


OR use the pledge form http://www.oakridgestrail.org/ormrelay/download/pledge_form.pdf and drop off your donations to any Checkpoint Captain on Race Day, or mail them to the office.

Who were our winners last year?

Corporate: Golder Associates	Captain: George Schneider
Elite: TRCA Racers	Captain: Mike Bender
Recreational: Team King	Captain: Harry Dahme

Who will be the winners this year?

Come join us and share the excitement!!!!



Troy Mitchell

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Oak Ridges Trail Association

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